

This Race is for the Birds
 Proceeds benefit the Potomac Valley Audubon Society
 National Conservation Training Center
 Shepherdstown, WV
 Saturday, April 21, 2012

Timing by the Potomac Highlands Distance Club.

Next PHDC race is **Sunday, April 29** – the Red Bud Run is a point-to-point 10-mile road run (and 5K) in Hampshire County, WV.

See <http://PhDispatch.com> for details.

* Send suggested results corrections (name misspellings, etc.) to run@phdispatch.com.

4+ Overall results

Place	Bib	Name	Sex	Age	City/State	Time
1	528	Martha Nelson	F	30	Washington, D.C.	35:04.7
2	529	Aaron Schwartzbard	M	34	Reston, VA	35:05
3	501	Alec Schrank	M	13	Winchester, VA	36:14.9
4	401	Dirk Armstrong	M	52	Leesburg, VA	37:11.4
5	499	Gabriel Brill	M	25	Inwood, WV	38:30.3
6	458	Katie Myers	F	27	Gerrardstown, WV	39:18.9
7	476	Carl Thomas	M	16	Shepherdstown, WV	39:24.4
8	521	Katie Thompson	F	30	Chambersburg, PA	40:00.5
9	447	Justin Lowe	M	30	Martinsburg, WV	42:23.4
10	463	John Schattel	M	53	Charles Town, WV	42:44.7
11	474	Ruth Taylor	F	44	Frederick, MD	42:59.1
12	457	Zac Morford	M	39	Silver Spring, MD	43:29.6
13	438	Austin Huff	M	13	Charles Town, WV	43:37.6
14	415	Scott Dawes	M	31	Silver Spring, MD	44:01.4
15	440	Jonathan Humbert	M	25	Martinsburg, WV	44:51.3
16	473	Lindsey Swaim	F	26	Winchester, VA	44:59.3
17	515	Debbie Helmick	F	53	Martinsburg, WV	45:02.7
18	508	Julia Connell	F	49		45:23.4
19	500	Emily Beightol	F	37	Martinsburg, WV	45:52.4
20	470	Sam Shunney	M	10	Kearneysville, WV	46:10.4
21	527	Rob Hoxton	M	47	Shepherdstown, WV	46:11.4
22	406	Brian Bogolin	M	41	Martinsburg, WV	46:20.1
23	507	Larry Lipsitz	M	56	Waynesboro, PA	46:30
24	525	Todd Fagan	M	46		46:38.5
25	486	David Yates	M	49	Falling Waters, WV	47:07.2
26	424	Cathleen Ganley	F	41	Thurmont, MD	47:33.5
27	494	Daniel Householder	M	53	Martinsburg, WV	47:45.2
28	497	Kristy Brill	F	30	Inwood, WV	48:04.7
29	412	Chelsea Corcoran/Quadt	F	26	Shepherdstown, WV	48:08.6
30	421	Bert Dominguez	M	64	Gaithersburg, MD	48:16.9
31	452	Heather McSharry	F	44	Shepherdstown, WV	48:34.9
32	461	Emily Radaker	F	36	Hagerstown, MD	49:01.1
33	469	Patrick Shunney	M	41	Kearneysville, WV	49:05.7
34	526	Mary Logan Hoxton	F	45	Shepherdstown, WV	49:38.7
35	409	Mark Burgess	M	58	Nitro, WV	49:42.2
36	498	Clifford Sanbong	M	57	Shepherdstown, WV	49:59.6
37	488	Russell Plante	M	54	Keedysville, MD	50:03.8
38	439	Janelle Humbert	F	25	Martinsburg, WV	50:44.9
39	472	Adrienne Steuer	F	32	Shepherdstown, WV	50:47.2
40	502	Renea Morgan	F	40	Boonsboro, MD	50:53.9
41	426	Russell Glenn	M	30	Hagerstown, MD	51:01.1
42	465	Christian Schmidt	M	15	Kearneysville, WV	51:09.8
43	449	Hank Machen	M	9	Knoxville, MD	51:38.1
44	510	Daniel Merritt	M	28	Inwood, WV	52:03.9

45	442	Ronald Kerns	M	29	Inwood, WV	52:07.7
46	456	Katie Moore	F	27	Virginia Beach, VA	52:09
47	464	Christian Schmidt	M	53	Kearneysville, WV	52:16.2
48	450	Rachel Marcian	F	39	Bluemont, VA	52:16.6
49	492	Laura Layva	F	30	Morgantown, WV	52:42.6
50	491	Jennifer Cook	F	30	Morgantown, WV	52:49.2
51	428	Peggy Gordon	F	47	Shepherdstown, WV	52:55.1
52	448	Tracy Machen	F	42	Knoxville, MD	53:05.6
53	484	Conner Labombard	M	9	Harpers Ferry, WV	54:25.3
54	485	Kelli Labombard	F	38	Harpers Ferry, WV	54:31.4
55	404	Emily Baker	F	30	Martinsburg, WV	54:36.7
56	512	Heidi Hade	F	35	Greencastle, PA	54:40.7
57	482	Roselyn Mendez	F	35	Shepherdstown, WV	54:46.3
58	436	Diana Hearn	F	53	Media, PA	54:51.1
59	431	Denise Haley	F	48	Greencastle, PA	54:51.6
60	518	Logan Rolfe	M	10	Shepherdstown, WV	55:02.9
61	517	Jason Rolfe	M	40	Shepherdstown, WV	55:03.4
62	468	Kelsey Shroades	F	25	Winchester, VA	55:36.5
63	437	Amber Householder	F	27	Charles Town, WV	55:42.6
64	444	Holly Korzilius	F	40	Harpers Ferry, WV	55:59.4
65	481	Ed Yates	M	59	Martinsburg, WV	56:07
66	513	Stephanie Shields	F	32	Shepherdstown, WV	56:09.7
67	466	Michele Schmidt Moore	F	40	Kearneysville, WV	56:17.3
68	493	Billie Brown	F	40	Martinsburg, WV	56:24.8
69	483	Wendy Baracka	F	36	Shepherdstown, WV	56:24.4
70	400	Sheila Antonucci	F	44	Frederick, MD	56:58.5
71	455	Janice Moon	F	27	Virginia Beach, VA	57:14
72	516	Steve Helmick	M	62	Martinsburg, WV	57:18
73	505	Jake Ring	M	8	Charles Town, WV	57:18.8
74	504	Ronnie Cook	M	37	Hedgesville, WV	57:19
75	425	Megan Glenn	F	29	Hagerstown, MD	57:51.6
76	522	Diana Hammond	F	54	Kearneysville, WV	59:01.7
77	462	Rebecca Ramirez	F	39	Silver Spring, MD	59:29.1
78	411	Patricia Buriak	F	57	Clinton, NJ	59:56.4
79	453	Rachael Messier	F	29	Morgantown, WV	60:39.7
80	532	Andrea DiGregorio	F	50	Seaford, NY	60:58.8
81	419	Bill Doherty	M	65	Gaithersburg, MD	61:01.8
82	514	Denise Tousignaut	F	47	Harpers Ferry, WV	61:21.1
83	460	Jodi Pope	F	37	Shepherdstown, WV	61:29.8
84	530	Sarah Sentz	F	25	Martinsburg, WV	62:00.4
85	531	Amanda Sentz	F	28	Lancaster, PA	62:01
86	495	Kevin Becher	M	9	Charles Town, WV	62:22.4
87	506	Tom Huffman	M	50	Keedysville, MD	62:39.3
88	454	Dave Michener	M	41	Charles Town, WV	62:42.5
89	534	Jennifer Seeley	F	28	Shepherdstown, WV	62:47.1
90	533	Cat Lyons	F	20	Mount Airy, MD	62:47.4
91	535	Mark Abdy	M	47	Sharpsburg, MD	62:47.6
92	523	Greg Stephen-Hassard	M	37		63:04.9
93	524	Jay Boyd	M	36		63:19.3
94	408	Diane Brookeson	F	34	Takoma Park, MD	63:19.8
95	750	Larry Lineberry	M	34	Martinsburg, WV	63:43.7
96	432	Stephanie Halling	F	41	Rohrersville, MD	64:01.6
97	467	Lisa Schnabel	F	49	Germantown, MD	64:14.6
98	471	Stephen Skinner	M	43	Charles Town, WV	64:23.1
99	418	Arlyn Doherty	F	59	Gaithersburg, MD	65:23.7
100	417	Beth Dobson	F	47	Germantown, MD	65:30
101	416	Paul Dobson	M	54	Germantown, MD	65:30.2
102	407	Lisa Bogolin	F	41	Martinsburg, WV	66:04.1
103	487	Jeff Smith	M	43	Martinsburg, WV	66:30.6
104	410	Casey Burgess	F	53	Nitro, WV	67:07.7
105	459	Michael Peters	M	57	Falling Waters, WV	68:39.1
106	477	Barb Vann	F	50	Knoxville, MD	71:11.4

107	420	Cari Dominguez	F	63	Gaithersburg, MD	72:33.1
108	490	Stephanie Bowles	F	37	Harpers Ferry, WV	75:07.3
109	489	Angela Cogle	F	38	Harpers Ferry, WV	75:07.6
110	480	Tracy Wisenburg	F	44	Leesburg, VA	75:53.2
111	433	Janadel Harris	F	32	Frederick, MD	75:54.7
112	451	Carrie McCracken	F	38	Frederick, MD	78:41.9
113	479	Robert Wilson	M	71	Berkeley Springs, WV	80:56.4
114	445	Lisa LaCivita	F	60	Stephens City, VA	85:50.8
115	520	Kathy Knight	F	48	Martinsburg, WV	87:58.5
116	509	Dianne Roman	F	60	Harpers Ferry, WV	1:57:19.3
117	511	Sharon Bias	F	56	Charles Town, WV	1:57:19.7